

-Photos by Salma Abdulla

## KUWAIT CELEBRATES WORLDWIDE KNIT IN PUBLIC DAY



In the second se

rom 8 to 60+, together under one roof for the

love of knitting, crocheting, and stitching. The Knit in Public Day slogan of "better living through stitching together" ieinforces the well-document-de benefits of crafting such as allevisting stress, ansiety and depression. It is also a means of showing the general public that crafting can be a community activity in a very distinct way.

Children can also benefit from learning needle crafts like britting or crochet, which have been deconstrated to help with free motor stills, reducing stress and even learning througs like coding due to the ability to read patterns. Each first in Public event la cognitive size of the second way, pleased this year to welcome local entire preferences and small businesses Needles and Yan, Zeptyr, Whiskers and Yann and Made by Mrs Q as prize sponses. Crafters can learn more by searching for Ruwall Crafters on Facebook or Ravelly. Kuwait Crafters on Facebook or Ravelry













## ABCK CELEBRATES RAMADAN WITH AN IFTAR

The American Business Council Kuwatt (ABCK) hosted an Illiar with their members and invited Kuwattik who had graduated from universities in the United States on Monday evening at the Millennium Hotel and Convention Centre in Salmiya. Dr. Juliet Diniha, Chair of ABCK, welcomed the members and distinguished guests to the filter and talked about the long history of Kuwattis with were educated in the United States. Alumin from the University of the Pacific, University of Mamu, University of Dayton, Arizons State University, University of Chizago and West Wignial Diniversity were among the many guests. Representing the alumin from University of the Pacific was Eng. Fastal A Hagoom, President of the Alumin Club, representing the University of Mami was Dr. Annew Al-Naki, President of the Alumin Club, and Reyadh Alzabeah, and representing University of Dayton was Hussain Al-Barini, President of the Alumin Club. ABCK also had the pleasure of having as a guest Jassim Cabazard, galautate of the dass of 1972 from the University of the Pacific, Head of Department of Ministry of Justice was also a distinguished guest.